

Active Prayer Workshop

with Sybil MacBeth and Roy DeLeon

at

St Jude Parish

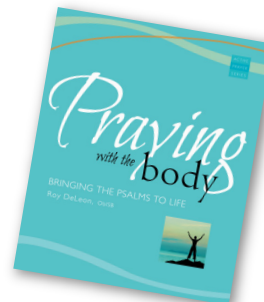
(425) 883-7685 ext 121

<http://www.stjude-redmond.org/>

on

August 15, 2010

4-7pm



Explore active prayer with Sybil and Roy in a 3-hour session in the beautiful premises of St Jude Parish. With Roy, experience movement as prayer, expressing your Christian faith with and through your body, the temple of the Holy Spirit. Journey with Sybil into wordless, intercessory prayer through simple drawings of line, shape, and color. You will come away with creative and refreshing ways to be with Christ, the Word made flesh.

Child care available. Must pre-register.

All are welcome. No experience necessary.

Donation appreciated. Please RSVP to:

Mary Kellison, Pastoral Assistant for Adult Faith Formation
St. Jude Parish, 10526 166th Ave. NE, Redmond, WA 98052



Sybil MacBeth is the author of *Praying in Color: Drawing a New Path to God* (2007) and *Praying in Color Kids' Edition* (2009). She is a dancer, doodler, and former community college mathematics professor. Sybil leads retreats and workshops around the country on Praying in Color. She is the 2010-2011 Varnell Artist-in Residence for Memphis Theological Seminary in Memphis, Tennessee.



Roy DeLeon is the author of *Praying with the Body: Bringing the Psalms to Life* (2009). He developed *Blessed Movements* (praying with the body, heart, and soul) and leads retreats and workshops around the country. He is an Oblate of St Benedict with St Placid Priory in Lacey, WA. He is a graphic artist and a certified spiritual director.